

The role of students in anti-bullying efforts in the educational environment

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Abstract: Many children who experience intimidation find that school they is environment that is not friendly, However protection rights civil to abuse only applicable for children included in protected classes, such as group race and ethnicity minority, students sufferer disabilities, and victims of abuse gender or discrimination religion. Study This use method research qualitative descriptive with source informant from from students of Wiranegara PGRI University. Research results This show that There is three relevant criteria For define behavior aggressive as oppression: (1) repetition, (2) intention, and (3) imbalance power. Ways of dealing with and preventing it carried out by students covering socialization and dissemination information through social media. Bullying involving interaction dynamic between perpetrators and victims. Power perpetrator intimidation increased, and power victim even reduce. As a result, difficult for victim for respond or overcome the problem. Oppression consists of from attack verbal (for example name calling, threats), behavior physical (eg. hit, kick, damage victim's property), And aggression relational / social (for example exclusion social, distribution rumors) until form attack latest through the Internet and technology new (also called as cyberbullying).

Keywords: Anti-Bullying, Student, Education Word

1. Introduction

Bullying is defined as shaped aggression that reflects existence absence balance strength between perpetrator intimidation and victims (Gustiwan et al., 2021). Perpetrators usually own power more big, good in a way physical, social, and psychologically, so that the victim feels intimidated and not powerless. Bullying is not only impact in a way emotional, but also can bother mental and social development child. Phenomenon This often found in the environment school and become problem serious that is necessary handled with approach comprehensive so as not to Keep going repetitive.

Bullying is problem Serious in the world of education that has a negative impact on mental health, emotions, and academic achievement student. Data from Ministry of Education And Culture (Ministry of Education and Culture) shows that as many as 36% of participants educate potential experience bullying (Kemendikbudristek, 2024). This is also supported from results research that says that the rise bullying cases in Indonesia that occur in the environment student is problem serious affecting welfare and development students' personal (Sahrona, 2024). This is also supported with field data that says that 41% of participants students in Indonesia are victims of bullying (Rizky Febriansyah & Yuningsih, 2024). Bullying is also included into one of mischief teenagers who want show existence himself (Suib & Safitri Ayuni, 2022) Therefore, an active role is needed from various parties. party, especially student, to overcome problem this.

Currently, bullying cases are no longer a new case that is rampant. We have often heard the latest cases of bullying on social media. Where these cases often occur in the world of education, from elementary school to high school. The impacts of bullying cases are varied, one of which is an impact on academics such as experiencing a decline in academic achievement, reduced focus when studying, and even they do not want to go

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to school. Another negative impact is the disruption of the victim's psychology (Rizqi, 2019). In addition, it will also disrupt the mental health of the victim of bullying which does not rule out the possibility of creating excessive hallucinations and disrupting the victim's activities (Sukmawati et al., 2021). In addition to the negative impacts on victims, there are also challenges in creating a safe environment and comprehensive, Wrong the only one due to the lack of collective awareness in society. This means that there is still Lots individuals or groups of people who do not yet know and act seriously to create a space that can make many people feel safe, comfortable, and appreciated. Therefore, students as generation young And agents of change, have an important role in supporting and implementing anti-bullying efforts.

The most effective way to form anti-bullying character qualities is through education. (Khasana, 2024). Through education, children can be taught to understand empathy, appreciate differences, and develop an attitude of mutual respect. Education does not only occur in the classroom, but also through the example of teachers, the social environment of the school, and parental involvement. Learning about human values must be an important part of the educational process so that students grow into individuals who are not only academically intelligent, but also emotionally and socially mature.

Bullying actions that occur in educational environments must be done prevention, namely with method holding educational programs For increase awareness about impact bad bullying, develop culture mutual schools respect and support, involve interested party in prevent bullying, implement strict sanctions for the perpetrators of bullying and its implementation must in a way consistent, and finally integrate anti-bullying lessons to in curriculum (Arofah & Dwi, 2021). This program covers improvement awareness will impact negative bullying, creation culture a school that values differences, and involvement all party such as teachers, student, parents, and staff school. It is also important to set sanctions firm and consistent to perpetrators of bullying so that there are effect deterrent. In addition, the lesson about anti-bullying is necessary integrated to in curriculum as part from education comprehensive and sustainable character.

One of these character educations can be done by utilizing the role of students. Students as agent of change is the most important part in scope of education (Jannah & Sulianti, 2021). This can be interpreted that students also own great potential in develop awareness and mobilize anti-bullying action. However, there is still a gap between expectations and reality regarding the role of students in this effort.

Student own role strategic in prevent and reduce bullying actions in the environment school. This is because of students also have role as social control (Syaiiful, 2023). One of the step concrete that can done is give socialization about importance anti-bullying actions for students. Socialization carried out by students No only just convey information, but also build awareness and empathy to fellow. In activities socialization, students can use various method interactive like discussion, educational video screening, simulation role, up to drama performance depicting bullying situations and their impacts. The main objective from activity This is for students capable understand that bullying is not trivial things, but behavior that hurts, oppresses, and destroys price self someone. Based on study Oktavianus, socialization carried out by students proven capable increase understanding student about impact negative bullying good in a way physique and also psychological (Oktavianus et al., 2024). Student become more sensitive to environment social and motivated For report bullying actions that occur, both as a victim or as witness. Student as agent changes can also be be a role model who shows values tolerance, mutual appreciate, and the importance of to voice goodness. In the long term long, activity This contribute in to form climate schools that are safe, inclusive, and full of mutual feelings respect. In addition, the socialization provided students can also strengthen synergy between the world of education height and school in present solution to problem existing social. Not only students who get benefits, but teachers and parties the school also participated helped in effort overcoming bullying.

Similar studies have been conducted, such as research conducted by Khairani, 2024 entitled "The Role of Students in the KKN 172 UINSU Program on Community Development in Bukit Sari Langkat Village". Another study conducted by Syahputri, 2024 entitled "The Role of Students at Sma Negeri 8 Brandan in Providing Education About Normalizing Bullying". Based on the two previous studies, it was found that students have a role in anti-bullying education. What distinguishes this study from previous studies lies in the location, subjects, and different research environments. The research conducted by this researcher has different characteristics, namely that the research is conducted in a higher education environment, in addition, the research subjects are the students themselves.

Therefore, this study aims to examine the attitudes and roles of students towards anti-bullying efforts in education, and to identify effective strategies to increase awareness and participation of students in addressing this problem. In addition, this study is expected to describe students' insights into the importance of anti-bullying, how they support this action and they can also become actors to support anti-bullying efforts in the context of education. By conducting interviews, it is expected to be able to ask students directly about their views, attitudes, and actions in encouraging the realization of an educational environment free from bullying.

2. Materials and Methods

Approach qualitative used in study This For understand in a way deep role student in effort prevention bullying actions in the world of education, because approach This allow researcher dig meaning and understanding from corner view the subjects involved in a way direct in phenomenon social said. Research qualitative rooted in a pattern think inductive, where the process of drawing conclusion done with moreover formerly collect data from field, observing the phenomenon that occurs in a way objective, and then compile understanding based on findings the (Harahap, 2020). As an approach that makes man as subject main, research qualitative is very relevant used For to browse phenomenon social, such as bullying in the environment education, which is closely related the relation with interaction socio - cultural campus, and perception individual (Samiaji, 2021).

In context This is a student of Wiranegara PGRI University chosen as source informant main For to reveal how far is the awareness they to role important that they have in prevent the occurrence bullying actions in the environment campus. As for the number students who are made source informant totaling 17 students, who came from from various educational and pure study programs, as well as from Class of 2023 to 2024. Information obtained from the students will help researcher understand dynamics social influencing involvement they in anti-bullying movement, both in form action direct and also support towards the victim. To support rich and in-depth data collection, research This use three technique main that is interviews, observations, and documentation. Interview techniques used For dig experience, views, and awareness student related to bullying and the role they play play in face problem said. Observation done For to observe behavior, interaction social, as well as situation in the environment related campuses with acts of bullying or effort prevention. Documentation functioning as data supplement via collection information in form image, document official, archive campus, and notes the field that records incident or findings important during the research process in progress (Widya et al., n.d.). Third technique This in harmony with view Ardi-

ansyah stated that that interviews, observations, and documentation is method commonly used in study qualitative Because all three allow comprehensive and in-depth data collection (Ardiansyah et al., 2023).

With utilise documentation, researcher can catch various non-verbal aspects and visual evidence that strengthen findings from interviews and observations. Notes the field also becomes instrument important in compose rich, contextual, and appropriate narrative data with reality social in the environment campus. After the data is collected, the analysis done with use approach descriptive, namely process and present data systematically so that it can give description Details about reality observed in the field. Analysis descriptive allow researcher compile narrative based on results findings, connecting between one data with others, and give interpretation in a way comprehensive related awareness students and contributions they to prevention of bullying in education (Hasanah, 2017). With approach this, the result study expected can give description concrete about how far students own concern, understanding, and action real in respond bullying problems in the environment they, as well as give contribution theoretical and practical for development of bullying prevention strategies based on community campus. The flow diagram of this research is described as follows:

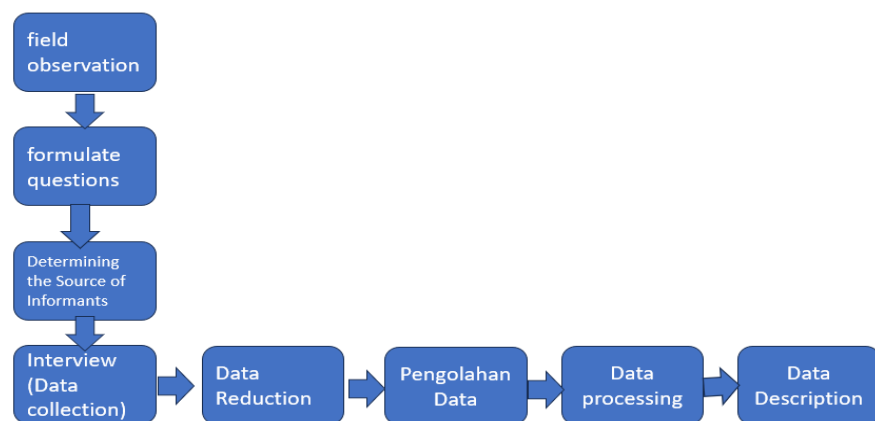


Figure 1. Diagram flow

3. Results and Discussion

3.1. This Understanding about Bullying And Anti- Bullying

Based on the results of the student interviews, 15 out of 17 informants stated that they already understood bullying and its impacts. The other 2 students were more concerned with the phenomena occurring around them, and think that it is a form of joke. They defined bullying as an act of oppressing someone with various forms of bullying, such as verbal bullying, physical bullying, cyber bullying, and so on. This concept is also in accordance with the results of Ali's research which states that forms of bullying can be verbal bullying, physical bullying, cyber bullying (Ali Sofyan et al., 2022). This has an impact on the mental health of the victim, which where they will experiencing psychological disorders, loss of self-confidence, and close yourself off. This is in accordance with the results of research conducted by Lusiana and Arifin, which states that victims of bullying will experience trauma and a decrease in their academic achievement due to their self-confidence starting to dis-

appear (Lusiana & Arifin, 2022). The lower a person's self-confidence will also have an impact on an individual's withdrawal from the outside world (Novilia & Budiman, 2021). This is also supported by the results of other studies which state that victims of bullying are some victims become scary and interesting self from environment socializing, and some big choose to just keep quiet Because the bullying actions he received Already considered as something ordinary without must responded to too Serious (Visty, 2021). This is in accordance with A survey conducted by PEW Internet (2013) on teenagers in America found that one in three teenagers were victims of cyberbullying. Meanwhile, a study by the American Medical Association (2013) reported that 3.7 children were bullies, while 3.2 million children were victims.

Students too care about importance effort anti-bullying as a preventive process to create environment education Which safe and comfortable. Experts revealed in their research that in-depth interpretation of bullying is crucial to foster awareness and concern in society. So the results of the study showed that students already have basic insight related to bullying, and they expressed an attitude that they would try not to carry out bullying actions against others.

3.2. Role of Students in Implementation Anti-Bullying

Based on results interviews conducted against 17 students from various majors and background back, majority from they confess has active do anti-bullying movement. Activities the they do through various way, one of them is with do socialization to friends, sister level, and public general and environment education. Socialization considered as one of the method accurate For avoid and prevent bullying behavior. This is supported by the results research that states that socialization is one of method effective For give knowledge related prevention bullying. Socialization (Natalia et al., 2024) This No only done in a way look at face to face, but also online via their social media platforms have. This is in accordance with results research that states that social media is enough effective used For prevent as well as to overcome bullying behavior (Tuharea et al., 2024). They realize that bullying or bullying still become problem serious in the environment education, including in college high. Therefore that, they feel own not quite enough moral responsibility for to voice importance stop practice bullying in form whatever. Students also take advantage of chance This For educate people around they about various forms of bullying, such as verbal, physical, social bullying, and also cyberbullying which is now the more rampant happens. In addition to providing information, they also try create room safe discussions so that victims of bullying can share experience and gain support emotional.

In context this, social media be one of the most effective tool in support anti-bullying movement carried out by students. Platforms such as Instagram, Twitter, TikTok, Facebook, and WhatsApp are used as means For spread information, campaigns and education about the dangers of bullying. This is in accordance with utilization of social media as an educational medium, without except for anti-bullying education (Ananda & Marno, 2023). Through social media features like posts, stories, short videos, and live streaming, students can reach a wider audience broad and convey anti- bullying message creative and interesting. This result in accordance with

study Sutrisna et al. who stated that role significant in to form anti attitude bullying on teenager can done with using social media (Sutrisna et al., 2024).

Social media No Again only used as means For express self in a way personal , but also as room For to voice justice social and caring to fellow. Students realize that every the uploads they for Can become tool change social, during the contents positive and inspiring. In addition, social media also allows they For collaborate with community, organization, or another individual who has same vision and mission. Collaboration This strengthen impact the message conveyed, because involving more Lots parties and expand range campaign. Students also take advantage of relevant hashtags for your posts they more easy discovered by other users who are interested in the same issue. Through social media, they succeed create room inclusive discussion, where people can each other share story, giving support, and build solidarity. The role of social media as tool communication mass making it a strategic medium in strengthen anti-bullying movement among students and society general.

Through this strategy, students try to educate public that bullying is not only problem individuals, but also problems social needs attention and action togethe. They invited public For not silent when see bullying actions occur around they especially in the environment education, as well as encourage the victim to brave talk and search help. All effort This is form real from role active student in create environment healthy, safe and respectful social difference.

4. Conclusions

What is often experienced nowadays is verbal bullying, which is invisible only just mockery from the bully for the victim, and the impact is very big for a person victim, Can- Can kill but through mental. Most victims who experience bullying themselves will not tell others about what they experienced. The impact of bullying verbal is cause he is not valuable, feel regret born, to depression.

Based on the results of the discussion, it can be concluded that the existence of this anti-bullying student movement provides a space for victims to tell their stories and pro-vide input or breakthroughs that are effective and efficient for implementing the an-ti-bullying student movement program in society so that it is hoped that bullying attitudes towards students no longer occur.

Students not only understand what bullying is and its impacts, but also support and are enthusiastic about efforts to prevent and overcome bullying. This is a positive thing because it shows awareness and concern among students. Students have a positive attitude towards the anti- bullying movement. They realize the importance of this movement and show strong support. In addition, they Also active implement.

Based on the results of this study, it can be used as an initial basis for other re-researchers who want to conduct similar research. That students have a fairly important role in preventing and overcoming bullying. However, this study is still limited to the scope of one campus only, so that other researchers can compare or expand the scope of research on other campuses.

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